

Armidale and District Family Day Care



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What does the role of a Family Day Care Educator entail?

A Family Day Care Educator is not a babysitter. Demands are very high as Educators are expected to provide a safe, secure, nurturing and stimulating environment for the children in their care.

Educators may care for a maximum of seven children at any one time and four of those children may be under the age of 5. For the most part, Educators work independently within their home based services, occasionally offering excursions to approved locations within the community.

Educators are expected to plan, prepare and deliver age appropriate activities to meet the individual needs of all children in care, whilst complying with Federal and State Government Regulations and Guidelines.

Educators are required to provide a balance of indoor and outdoor activities. They are encouraged to recognise the importance of physical activity for young children and as such they need the physical ability to assist children to climb, run, jump, to catch, throw and kick balls etc.

Caring for young children is rewarding but it can be emotionally demanding. The physical and mental health of the Educator must be considered in order to ensure the safety and wellbeing of young children in their care.

Health and Safety Checklist **Date of Examination:** _____

Educator's Name: _____

Doctors Name: _____

Doctors Signature: _____

Educator's Physical Abilities	Yes	No	Doctor's Comments
Educator needs to be able to interact with children at the child's eye level (can kneel or bend knees easily)			
Educator needs to sit on floors & at ground level with children (can do this & then regain stance without effort)			
Educator needs to be able to bend and to lift children onto nappy change tables and into and out of cots frequently during the day (bending and lifting can occur without effort).			
Educator is required to be able to place small children in age appropriate child restraints in vehicles (back , hand and finger mobility is demonstrated)			
Educator is required to carry babies and to cuddle and nurture young children (able to carry approximate weights).			
Are there any drugs or medications taken by the Educator for either medical or recreational purposes that would affect their ability to care for young children? <i>(Please see over)</i>			
Educator needs to respond quickly & appropriately to emergencies e.g. a child running towards a road (agility is demonstrated)			
Eyesight is adequate for an Educator's role			
Hearing is adequate for an Educator's role			

Are there any other health issues that would affect the Educator's ability to provide a high standard of care?			
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